

Monday	
Stretching 4:45-5:15	
Ballet 4/5 5:15-7:15	Ballet 3 5:15-7:15
Nutcracker Rehearsal/Private 7:15-8:30	

Thursday	
Ballet 3/4/5 5-7	Junior Ensemble Competition Team 6-7
Jazz 7-8	Contemporary 7-8

Tuesday	
Ballet 2 5-6:30	Pre-Ballet 5-5:45
Ballet 3 6:30-8	Ballet 1 5:45-7
Pointe for Ballet 3 8-8:30	

Friday	
Stretching 4:45-5:15	
Ballet 3 5:15-7:15	Ballet 4/5 5:15-7:15
Classical variations 7:15-8:30	Competition Team Variations 7:15-8:30

Wednesday	
Stretching/Conditioning 4:30-5	
Ballet 4/5 5-6:30	Competition team Contemporary solos 5:30-7:15
Pointe for Ballet 4/5 6:30-7	
Adult Ballet 7:15-8:45	Seniors Ensemble 7:15-7:30

Saturday	
Pilaties 9-9:45	Pre-Ballet 9-9:45
Ballet 3/4/5 9:45-11:45	Ballet 1 9:45-11
	Ballet 2 11-12:30
Rehearsal /Private 11:45-12:45	Pre-Pointe 12:30-12:45
Nutcracker Rehearsals 1-3	

MEDIA SCHEDULE 2022-2023
Subject to change